PSHE/RSE overview 2026-2027

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2	Futures
Year 7	Transition to SJS/managing change	Friendship and Bullying	Puberty and keeping safe	Families and changing relationships	Influences on relationships	Financial decision making	Discover
Year 8	Personal safety and managing risk	Health and well-being	Belonging and community	Healthy and unhealthy relationships	The online world	Managing money	Explore
Year 9	Mental health and wellbeing	Healthy relationships and sexual health	Peer influence and drug education	Managing risk in relation to the law	Navigating online harms	Democracy	Enquire
Year 10	Managing and maintaining health	Independence, healthy choices and well-being	Challenges of friendships and relationships	Exploring consent and recognising abuse	Managing influence	Money and the online world	Immerse

Year 11	Preparing for year 11	Parenthood and fertility	Drugs and personal safety	Different relationships and relationship expectations	Exams	Exams	Apply

Health and Well-being	
Relationships	
Living in the wider world	